

CrossFit Asbestos - Val-Des-Sources

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CrossFit Asbestos - Val-Des-Sources

Discovering CrossFit Asbestos: A Hidden Gem in Val-des-Sources, Quebec

CrossFit Asbestos is not just a gym; it's a community hub in Val-des-Sources that welcomes everyone. With its **wheelchair-accessible car park** and **wheelchair-accessible entrance**, this facility ensures that fitness is accessible to all, breaking down barriers for individuals with mobility challenges.

A Community of Support

The atmosphere at CrossFit Asbestos is described as a "belle gang," reflecting the camaraderie and support among members. Visitors have praised the gym for its welcoming vibe and strong sense of community. Many have remarked on how the gym feels like a second home, filled with positivity and encouragement.

Expert Coaching and Engaging Courses

One of the standout features of CrossFit Asbestos is its **amazing coaches**. Members have highlighted the expertise and dedication of the coaching staff, making workouts both effective and enjoyable. The variety of **very interesting courses** offered caters to all fitness levels, ensuring there's something for everyone, from beginners to seasoned athletes.

A Top Box Experience

CrossFit Asbestos has been recognized as a **very good box**, a term used in the CrossFit community to describe a high-quality gym. The combination of top-notch coaching, a supportive environment, and innovative courses makes it a standout choice for fitness enthusiasts in Val-des-Sources.

Conclusion: Why Choose CrossFit Asbestos?

If you're looking for a place to embark on your fitness journey or elevate your current routine, consider visiting CrossFit Asbestos. With its commitment to accessibility, a strong community, expert coaching, and diverse courses, you'll find that this gym truly has it all.

We are located at

9C Chem. des Trois Lacs, J1T 3T2 Val-des-Sources, Quebec - Canada (CA)

The phone number of the mentioned **Gym** is +1819-342-4678

And if you want to send a WhatsApp, you can do so at +1819-342-4678

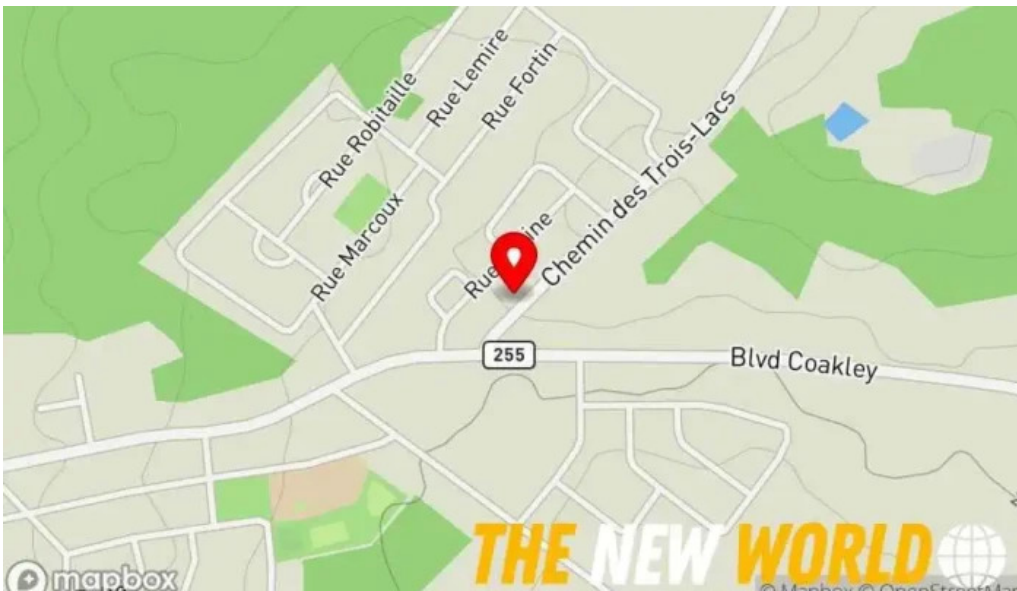
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Images



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Tags

Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

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