

Cumberland Mental Health Services - Amherst

amherst

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Cumberland Mental Health Services - Amherst

Cumberland Mental Health Services Overview

Cumberland Mental Health Services, located in Amherst, Nova Scotia, aims to provide mental health support to the community. The clinic has received varied feedback from patients regarding their experiences, highlighting both the challenges and successes within the system.

Accessibility Features

One positive aspect of Cumberland Mental Health Services is its commitment

to **accessibility**. The clinic offers a **wheelchair-accessible entrance**, making it easier for individuals with mobility challenges to enter the facility. Additionally, there is a **wheelchair-accessible toilet**, ensuring that all patients can find comfort during their visit. The **wheelchair-accessible car park** provides further convenience, allowing those with mobility issues to access the clinic without hassle.

Amenities at the Clinic

While the clinic is equipped with essential amenities, some patients have expressed concerns about the quality of services provided. One individual noted, "They had said there is very little available service and that the most they could do was have some random unqualified person meet me in a car." This points to the need for improvement in service delivery, despite the physical accessibility features.

Patient Experiences and Feedback

Feedback from patients varies significantly. Some, like one patient who stated, "I've done a few classes here... and had great success with my mental health," highlight positive experiences and progress. Others, however, express dissatisfaction due to long wait times and inconsistent therapist availability. A patient noted, "It's typically a long wait to see anyone. Roughly at least 3 months." This indicates a systemic issue within the clinic that needs addressing.

Concerns Regarding Treatment Approaches

Several individuals have raised serious concerns about treatment approaches at Cumberland Mental Health Services. One patient claimed that the clinic's practices contribute to a feeling of being **gaslit** regarding their condition. Another individual articulated frustration over medication management, stating, "if they can't stuff pills down your throat or you're not into group activities, they can't offer you much at all."

Conclusion

Cumberland Mental Health Services plays a crucial role in providing mental health support in Amherst, Nova Scotia. Although the clinic features important **accessibility** options such as a **wheelchair-accessible entrance**, **toilet**, and **car park**, the mixed feedback from patients highlights a critical need for improvement in service delivery and treatment options. As the clinic continues to evolve, it is essential to prioritize patient care, effective communication, and a broader range of treatment methodologies to better serve the community.

We are situated in

33 Havelock St, B4H 4W1 Amherst, Nova Scotia - Canada (CA)

The phone of the mentioned **Mental health clinic** is +1902-667-3879
And if you want to send a WhatsApp, you can do so at +1902-667-3879

Our service hours are:

- Day Hours
- Monday
Closed
- Tuesday
Closed
- Wednesday
8:30?AM–4:30?PM
- Thursday
8:30?AM–4:30?PM
- Friday
8:30?AM–4:30?PM
- Saturday
8:30?AM–4:30?PM
- Sunday
8:30?AM–4:30?PM

The website is Cumberland Mental Health Services

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Images



Cumberland mental health services map



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Cumberland mental health services all

Tags

Toilet, Wheelchair-accessible entrance, Accessibility, Amenities, Wheelchair-accessible car park, Wheelchair-accessible toilet

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