

Jazzercise West Island Studio - Beaconsfield

beaconsfield

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Jazzercise West Island Studio - Beaconsfield

Discover the Benefits of Jazzercise at West Island Studio

Located in Beaconsfield, Quebec, **Jazzercise West Island Studio** is a vibrant fitness program that identifies as women-owned and offers a unique combination of physical fitness and dance. Since its establishment, this studio has become a haven for individuals looking to improve their fitness levels while enjoying an inclusive and motivating atmosphere.

On-Site Services and Accessibility

The studio provides a variety of on-site services, catering to the needs of its community. For those who require it, there is a **wheelchair-accessible car park**, making it easy for everyone to participate in classes. The friendly staff ensures that all clients feel welcome and supported, reinforcing the studio's commitment to accessibility.

Inclusive Service Options

At Jazzercise West Island Studio, the focus is on creating an inclusive environment where everyone can thrive. The studio offers both in-person and **online classes**, allowing members to choose how they want to participate in their fitness journey. This flexibility ensures that no one has to miss out on the fun, regardless of their circumstances.

A Community of Support and Encouragement

Members consistently rave about the supportive atmosphere at Jazzercise West Island Studio. One participant shares that they joined the class in January 2023, not knowing what to expect, but quickly found themselves returning every chance they got. The dynamic instructors, Nathalie (affectionately known as Nat) and Debbie, are praised for their positive energy and constant encouragement, making each class an enjoyable experience.

Why Choose Jazzercise?

The feedback from participants highlights a few key reasons why Jazzercise stands out:

Fun and Engaging Workouts: With fantastic music and talented instructors, participants often forget they are even working hard because the classes are so enjoyable. **Motivational Environment:** Many attendees describe the studio as a non-judgmental space where everyone can feel comfortable while working towards their fitness goals. **Community Spirit:** The camaraderie among participants creates a warm and welcoming community that encourages members to keep coming back.

Join the Movement!

As one enthusiastic member put it, being part of the Jazzercise class is the highlight of their day! If you're looking to enhance your fitness routine with an energetic group of like-minded women, come check out Jazzercise West Island Studio. As many have expressed, you'll wish you started sooner!

Embrace the opportunity to join a fantastic community of women dedicated to health and fitness. Jazzercise West Island Studio is waiting for you to take the

first step toward a more active lifestyle!

Our address is

186 Sutton Pl, H9W 0B1 Beaconsfield, Quebec - Canada (CA)

The phone number of said **Physical fitness program** is +1514-808-1401

And if you want to send a WhatsApp, you can do so at +1514-808-1401

Our opening hours are:

Day	Hours
Monday	7–8?PM
Tuesday	9:30–10:30?AM
Wednesday	7–8?PM
Thursday	Closed
Friday	9:30–10:30?AM
Saturday	Closed
Sunday	9:30–10:30?AM

The website is Jazzercise West Island Studio

If you require to alter any information that you feel is not accurate regarding this web, we urge you to deliver a message and we will adjust it at the earliest convenience. With anticipation thank you very much.

Images



Jazzercise west island studio street view 360deg



Jazzercise west island studio physical fitness program



Jazzercise west island studio map



Jazzercise west island studio by owner



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Tags

Online classes, Identifies as women-owned, On-site services, Wheelchair-accessible car park, Accessibility, From the business, Service options

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Comments

Evelyn Foster	11-05-25 10:26
<p><i>I absolutely adore the energy and excitement of the crew at Jazzercise West Island. They truly keep me pumped up and eager for more! You should definitely swing by and experience it for yourself. Trust me, you'll be kicking yourself for not joining sooner!</i></p>	

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computer security service
computer service
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computer store
computer support and services
computer training school

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concrete product supplier
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forestry service
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massage spa
massage therapist
mechanic
mechanical contractor
media consultant
mediation service
medical center
medical clinic

medical laboratory
medical spa
meditation instructor
mental health clinic
metal fabricator
metaphysical supply store
mexican restaurant
mining consultant
mission
mobile phone repair shop
mortgage broker
motel
moving and storage service
municipal administration office
municipal department of tourism
museum
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naturopathic practitioner
nissan dealer
non-profit organization
notary public
nursing home
nutritionist
occupational safety and health
office equipment supplier
office supply store
oil field equipment supplier
oilfield
optometrist
orchard
organic farm
outdoor activity organiser
outdoor clothing and equipment shop
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quantity surveyor
raft trip outfitter
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real estate developer
real estate surveyor
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recycling center
reflexologist
regional council
reiki therapist
research and product development

restaurant
retirement community
retirement home
safety equipment supplier
salvage yard
sandblasting service
sandwich shop
sauna
saw mill
scale repair service
school
screen printing shop
screen repair service
screen store
second hand store
security guard service
security service
self-storage facility
senior citizen center
septic system service
services
sewage treatment plant
sewing machine store
shipping and mailing service
shoe repair shop
shopping mall
siding contractor
sightseeing tour agency
sign shop
ski resort
ski shop
slaughterhouse
sleep clinic
small engine repair service
social services organization
software company
soil testing service
souvenir store
spa
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sports complex
sports massage therapist

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