

Tree of Life Hot Yoga & Eco Spa - Bancroft

bancroft

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Tree of Life Hot Yoga & Eco Spa - Bancroft

Discover Tree of Life Hot Yoga & Eco Spa in Bancroft, Ontario

If you're looking for a unique yoga experience in Bancroft, Ontario, look no further than ****Tree of Life Hot Yoga & Eco Spa****. This studio is not just a place to practice yoga; it's a peaceful sanctuary that offers a holistic approach to wellness.

Accessibility and Inclusive Practices

One of the standout features of Tree of Life is its commitment to ****accessibility****. The studio boasts a ****wheelchair-accessible entrance**** which

ensures that everyone can enjoy the benefits of yoga without barriers. Additionally, they offer a ****wheelchair-accessible toilet**** to provide comfort and convenience for all visitors. For those driving to the studio, you'll find a ****free parking lot**** that includes a ****wheelchair-accessible car park****, making it easy to access classes and facilities.

Amenities That Enhance Your Experience

Tree of Life Hot Yoga & Eco Spa takes pride in providing an array of ****amenities**** designed to enhance your yoga practice. The studio features an elegant design with an earth floor that is thoughtfully constructed from sustainable materials. This attention to detail creates a welcoming environment that feels both comforting and energizing. The variety of classes offered throughout the week caters to all skill levels, from ****Restorative Yin to Power Flow****. Instructors like Kimia and Samantha are known for their dedication and empathy, ensuring that modifications are available, making classes accessible to everyone.

Community and Connection

Walking into Tree of Life, first-time visitors often express their amazement, with many describing their experience as feeling like part of a community from day one. The friendly staff and instructors, such as Treena and Kimia, foster an atmosphere of warmth and support. They take the time to connect with students, deepening individual practices and offering guidance when needed.

Your Wellness Journey Awaits

Whether you're a seasoned yogi or just starting on your wellness journey, Tree of Life Hot Yoga & Eco Spa provides the ideal space to heal, strengthen, and reconnect with yourself. With everything you need in one building, it's a holistic oasis that stands out in Bancroft. In summary, if you're searching for a beautiful yoga studio that prioritizes accessibility and community, Tree of Life Hot Yoga & Eco Spa is the perfect destination. Visit them today and embark on a transformative journey of wellness!

Our premises are located at

Back of Building, 10 Hastings St N Unit 5, K0L 1C0 Bancroft, Ontario - Canada (CA)

The phone number of the respective **Yoga studio** is [+1613-332-5777](tel:+1613-332-5777)
And if you want to send a WhatsApp, you can do so at [+1613-332-5777](https://www.whatsapp.com/channel/0029va3325777)

You can visit us at the following hours:

Day Hours
Monday
9?AM–6?PM
Tuesday
11?AM–6:30?PM
Wednesday
8:30?AM–7?PM
Thursday
10?AM–7?PM
Friday
9:30?AM–8?PM
Saturday
9:30?AM–7?PM
Sunday
9?AM–6?PM

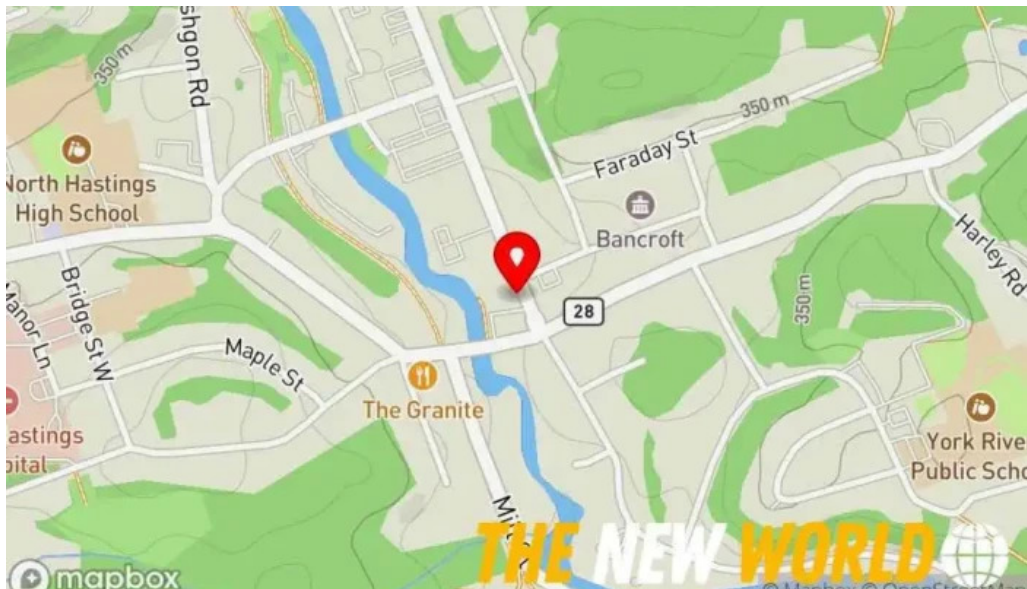
The website is [Tree of Life Hot Yoga & Eco Spa](#)

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Images



Tree of life hot yoga eco spa street view 360deg



Tree of life hot yoga eco spa map



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Tags

Amenities, Accessibility, Free parking lot, Wheelchair-accessible toilet, Wheelchair-accessible car park, Wheelchair-accessible entrance, Toilet, Parking

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mobile phone repair shop
mortgage broker
motel

moving and storage service
municipal administration office
museum
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notary public
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nutritionist
occupational safety and health
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optometrist
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tourist information center
towing service
tractor dealer
training centre
translation service
transportation escort service
transportation service
travel agency
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trucking company
tutoring service
university

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used car dealer
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